



VEGAN CATERING MENU

OPEN HOURS
TUES, WED, THURS,
SAT, & SUN
11 AM - 9 PM
FRI 11 AM - 10 PM

PASTA

ENTREES

	SMALL TRAY	LARGE TRAY
PASTA MARINARA <i>Sautéed plum tomatoes, garlic & olive oil over your choice of pasta</i>	\$55	\$95
PASTA WITH TOMATO SAUCE <i>Our homemade tomato sauce over your choice of pasta</i>	\$50	\$90
RIGATONI ALLA MAMA <i>Sautéed zucchini in our homemade marinara sauce topped with Daiya Vegan Cheese.</i>	\$65	\$110
PASTA PRIMAVERA <i>A delicious medley of vegetables available with a red or white sauce.</i>	\$60	\$115
PASTA WITH PESTO <i>Our fresh homemade pesto with basil, pignoli nuts, nutritional yeast, olive oil</i>	\$65	\$110
PASTA WITH SPINACH & BEANS <i>Sautéed spinach and beans with fresh garlic, olive oil, & cherry peppers over pasta.</i>	\$60	\$115
PASTA WITH GARDEN MEATLESS MEATBALLS <i>Our amazing homemade vegan meatballs with tomato sauce over your choice of pasta.</i>	\$65	\$115
PASTA WITH BROCCOLI RABE <i>Sautéed broccoli rabe with fresh garlic and olive oil over your choice of pasta.</i>	\$60	\$120
PASTA WITH BROCCOLI <i>Sautéed broccoli with fresh garlic and olive oil over your choice of pasta</i>	\$65	\$120
VEGAN PASTA PUTEANESCA <i>Sautéed plum tomatoes with gaeta olives, capers, and garlic.</i>	\$55	\$110



VEGAN EGGPLANT PARMIGIANA

Our homemade grilled eggplant parmigiana made with Daiya vegan cheese.

STUFFED PEPPERS

Our homemade vegan stuffed peppers with rice, garlic, onions, eggplant, spinach, mushrooms, and olives. Topped with our homemade marinara sauce and Daiya vegan cheese.



CAULIFLOWER ARRABBIATA*

Cauliflower sautéed in a spicy marinara sauce with olives & cherry peppers.



BUFFALO CAULIFLOWER*

Cauliflower tossed in a spicy vegan buffalo sauce.



GARDEN MEATLESS MEATBALLS PARMIGIANA

Our amazing homemade vegan meatballs with tomato sauce and Daiya vegan cheese.

SALADS & SIDES



TOSSED HOUSE SALAD

Cucumbers, tomatoes, and lettuce with house Italian dressing on the side.



AVOCADO SALAD

Mixed greens with avocado and red onion and balsamic dressing.

SAUTEED BROCCOLI

SAUTEED BROCCOLI RABE

Sautéed broccoli rabe with fresh garlic and olive oil.

VEGAN GARLIC KNOTS

All the delicious garlic flavor, but no cheese!

	SMALL TRAY	LARGE TRAY
VEGAN EGGPLANT PARMIGIANA	\$65	\$120
STUFFED PEPPERS	\$65	\$120
CAULIFLOWER ARRABBIATA*	\$55	\$110
BUFFALO CAULIFLOWER*	\$55	\$110
GARDEN MEATLESS MEATBALLS PARMIGIANA	\$70	\$135
TOSSED HOUSE SALAD	\$45	\$85
AVOCADO SALAD	\$65	\$105
SAUTEED BROCCOLI	\$50	\$95
SAUTEED BROCCOLI RABE	\$60	\$100
VEGAN GARLIC KNOTS	\$.45 EACH	

*Add Daiya cheese on top of any cauliflower dish for +\$8 small tray or +\$15 large tray

Prices subject to change and do not include tax.

37 NORTH MAIN STREET, SAYVILLE, NEW YORK 11782
TO ORDER PLEASE CALL : (631)563-1000

www.umbertosofsayville.com

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Please see our website for information about food allergies.