



VEGAN MENU

OPEN HOURS
TUES, WED, THURS,
SAT, & SUN
11 AM - 9 PM
FRI 11 AM - 10 PM

TRY OUR DELICIOUS VEGAN MENU

VEGAN ENTREES



CAULIFLOWER ARRABBIATA \$21.35
Cauliflower sautéed in a spicy marinara sauce with olives & cherry peppers. Served with a side of pasta or salad. Add Daiya Vegan Cheese on top +\$2.50.



EGGPLANT "PARMIGIANA" \$21.35
Grilled eggplant topped with our homemade tomato sauce & Daiya Vegan Cheese. Served with a side of pasta or salad.



VEGAN MEATBALL "PARM" HERO \$14.40
Our homemade garden meatless meatballs on our homemade Italian bread with Daiya vegan cheese



GRILLED VEGETABLE PANINI \$11.50
Avocado, zucchini, & roasted peppers with balsamic glaze on our homemade panini roll.



GARDEN MEATLESS MEATBALLS \$18.60
Our amazing homemade vegan meatballs with tomato sauce over your choice of pasta.

PASTA TOMATO SAUCE \$13.30
Our delicious homemade tomato sauce over your choice of pasta

PASTA MARINARA \$14.10
Sautéed plum tomatoes, garlic & olive oil over your choice of pasta.

PENNE PRIMAVERA \$19.70
A delicious medley of vegetables available with a red or white sauce.

BUFFALO CAULIFLOWER \$21.35
Cauliflower tossed in a spicy vegan buffalo sauce. Served with a side of pasta or salad. Add Daiya Vegan Cheese on top +\$2.50.

STUFFED PEPPER \$19.45
Our homemade vegan stuffed pepper with rice, garlic, onions, eggplant, spinach, mushrooms, & olives. With our homemade marinara sauce & Daiya vegan cheese. Served with a side of pasta or salad.

AVOCADO SALAD \$13.45
Mixed greens with avocado, red onion, & balsamic dressing.

PASTA BROCCOLI RABE \$19.70
Broccoli or broccoli rabe sautéed in garlic & olive oil over your choice of pasta

PASTA BROCCOLI \$18.10
Broccoli sautéed in garlic & olive oil over your choice of pasta

VEGAN PIZZERIA MENU

- VEGAN PIE**
12" pizza with Daiya vegan cheese \$17.00
18" pizza with Daiya vegan cheese \$25.80
- VEGAN 12" GLUTEN FREE PIE** \$17.00
- VEGAN GRANDMA PIE** \$29.10
- VEGAN SICILIAN PIE** \$30.20
- VEGAN DEEP DISH PIE** \$27.45
- MUSHROOM & OLIVE PIE** \$33.50
18" pizza topped with mushrooms, gaeta olives, tomato sauce, & Daiya vegan cheese.
- GARDEN MEATBALL PIE** \$29.10
18" pizza topped with our homemade garden meatballs, tomato sauce, & Daiya vegan cheese.
- SPINACH & BROCCOLI PIE** \$33.50
18" pizza topped with spinach, broccoli, tomato sauce, & Daiya vegan cheese.
- 6 VEGAN GARLIC KNOTS** \$29.90
6 traditional knots tossed in flavorful garlic & olive oil.



RIGATONI ALL A MAMMA \$19.50
Sautéed zucchini in our homemade marinara sauce topped with Daiya Vegan Cheese.



PASTA PUTANESCA \$17.85
Sautéed plum tomatoes with gaeta olives, capers, & garlic



PASTA WITH PESTO \$14.75
Our fresh homemade pesto with basil, pignoli nuts, nutritional yeast, olive oil & lemon.

VEGAN APPETIZERS, SALADS, SOUPS, & SIDES

- VEGETABLE MINISTRONE** \$8.50
- LENTIL SOUP** \$8.50
Our homemade vegetable broth with lentils, onions, carrots, & spinach.
- GARDEN MEATBALLS "PARM"** \$12.30
Three of our homemade delicious meatless meatballs topped with marinara sauce & Daiya vegan cheese.
- STUFFED PEPPER APPETIZER** \$13.50

- HOUSE SALAD** \$10.35
- AVOCADO SALAD** \$13.15
Mixed greens with avocado and red onion and balsamic dressing.
- SPINACH & BEANS** \$13.50
- SAUTEED BROCCOLI** \$12.00
- SAUTEED SPINACH** \$12.00
- SAUTEED BROCCOLI RABE** \$13.50

All of the above vegetables sautéed with fresh garlic, olive oil, & cherry peppers.

37 NORTH MAIN STREET, SAYVILLE, NEW YORK 11782

TO ORDER PLEASE CALL : (631)563-1000

Menu prices are CASH prices. All CARD payments will incur a 3.75% fee. Prices subject to change and do not include tax.

Please see our website for information about food allergies.

www.umbertosofsayville.com

Menu published November 2023